

# XVI GAIT AND BRAIN SEMINAR SERIES

Joined COGNITIVE VITALITY & BRAIN HEALTH rounds



**Thursday, October 19th, 2023**

St. Joseph's Parkwood Institute  
Room F2-235, Mental Health Care Building Auditorium

## "Pain Assessment in Dementia: Clinical Challenges, Applications and Innovation"

### Guest Speaker:

**Prof Thomas Hadjistavropoulos, PhD., ABPP, FCAHSD**



Dr Thomas Hadjistavropoulos is Research Chair in Aging and Health, Director of the Centre on Aging and Health and Tenured Full Professor of Psychology, University of Regina, Canada.

He is a pioneer in the field of pain assessment with a special emphasis on older adults with dementia and severe limitations in ability to communicate.

His research, has been funded by the Canadian Institutes of Health Research (CIHR), the Social Sciences and Humanities Research Council of Canada (SSHRC), the National Institute of Health (NIH), the AGEWELL Network, and the Canada Foundation for Innovation (CFI).

Thomas has been honored with numerous prestigious awards including the Distinguished Career Award from the Canadian Pain Society, the CIHR Investigator Award, the Canadian Association on Gerontology Distinguished Member Award, the Saskatchewan Health Research Foundation Career Achievement Award, and many others. Thomas has also been elected Fellow of the Canadian and the American Psychological Association in recognition of his distinguished contributions to the science and profession of psychology. He is also a Fellow in the Canadian Academy of Health Sciences, Editor of "Ethics & Behavior" journal as well as on other editorial boards. He has published approximately 250 peer reviewed papers and book chapters as well as seven books.

Website: [www.gaitandbrain.com](http://www.gaitandbrain.com)

Twitter: @gaitandbrain

## AGENDA

**2:45 p.m.**

Welcome Remarks

**2:50 p.m.**

Brain Health and Chronic pain the XXI Century and speaker intro by Dr. M Montero-Odasso

**3:00 p.m.**

Dr. T. Hadjistavropoulos  
Lecture

**3:50 p.m.**

Questions & Answers

**4:00 p.m.**

Adjourn

*This program is supported by an education grants from the Division of Geriatric Medicine and Prokinetics*

## Learning Objectives

Upon completion of this activity, the participant will be able to:

- 1 – Describe the current evidence on the behavioural pain assessment of the older adult living with severe dementia
- 2 – Identify challenges and barriers related to the effective pain assessment and management of older people living with dementia
- 3 – Gain knowledge and inspire healthcare workers to use best practices and cutting-edge procedures to monitor pain levels in older adults living with dementia.

## Sponsors

This program has received an educational grant from the Protokinetics.

## Acknowledgements

Gait and Brain Lab and the Division of Geriatric Medicine, Department of Medicine, at the Schulich School of Medicine & Dentistry, Western University

## Study Credits

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 1.25 hours.

*Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.*

## Virtual access is limited

Please RSVP to

Yanina.SarquisAdamson@sjhc.london.on.ca

Phone: 519.685.4292 ext. 45627.

The Gait and Brain Seminar Series is a no-cost event.